Light Modifiers

There are many ways to modify light when it comes to a strobe light –Basically, anything that light will pass through can work as a modifier – the question is how much light and how much adjustment is necessary to get a good exposure. Here are some simple methods.

Plastic clear film canister cut out to fit over a pop up DSLR strobe unit

Look how the shadows have been changed in these two images – that is the magic of diffused light

Two more examples – one a shoot through, another a deflector. Both work! Even shooting through a Styrofoam cup or plate will work – give it a try.